5 Moments for HAND HYGIENE



BEFORE TOUCHING	When: Clean your hands before touching a patient and their immediate surroundings.
A PATIENT	Why: To protect the patient against acquiring harmful germs from the hands of the HCW.
2 BEFORE	When: Clean your hands immediately before a procedure.
A PROCEDURE	Why: To protect the patient from harmful germs (including their own) from entering their body during a procedure.

3 AFTER A PROCEDURE OR BODY FLUID EXPOSURE RISK	When: Clean your hands immediately after a procedure or body fluid exposure risk. Why: To protect the HCW and the healthcare surroundings from harmful patient germs.
4 AFTER TOUCHING A PATIENT	When: Clean your hands after touching a patient and their immediate surroundings. Why: To protect the HCW and the healthcare surroundings from harmful patient germs.
5 AFTER TOUCHING A PATIENT'S SURROUNDINGS	When: Clean your hands after touching any objects in a patient's surroundings when the patient has not been touched. Why: To protect the HCW and the healthcare surroundings from harmful patient germs.



