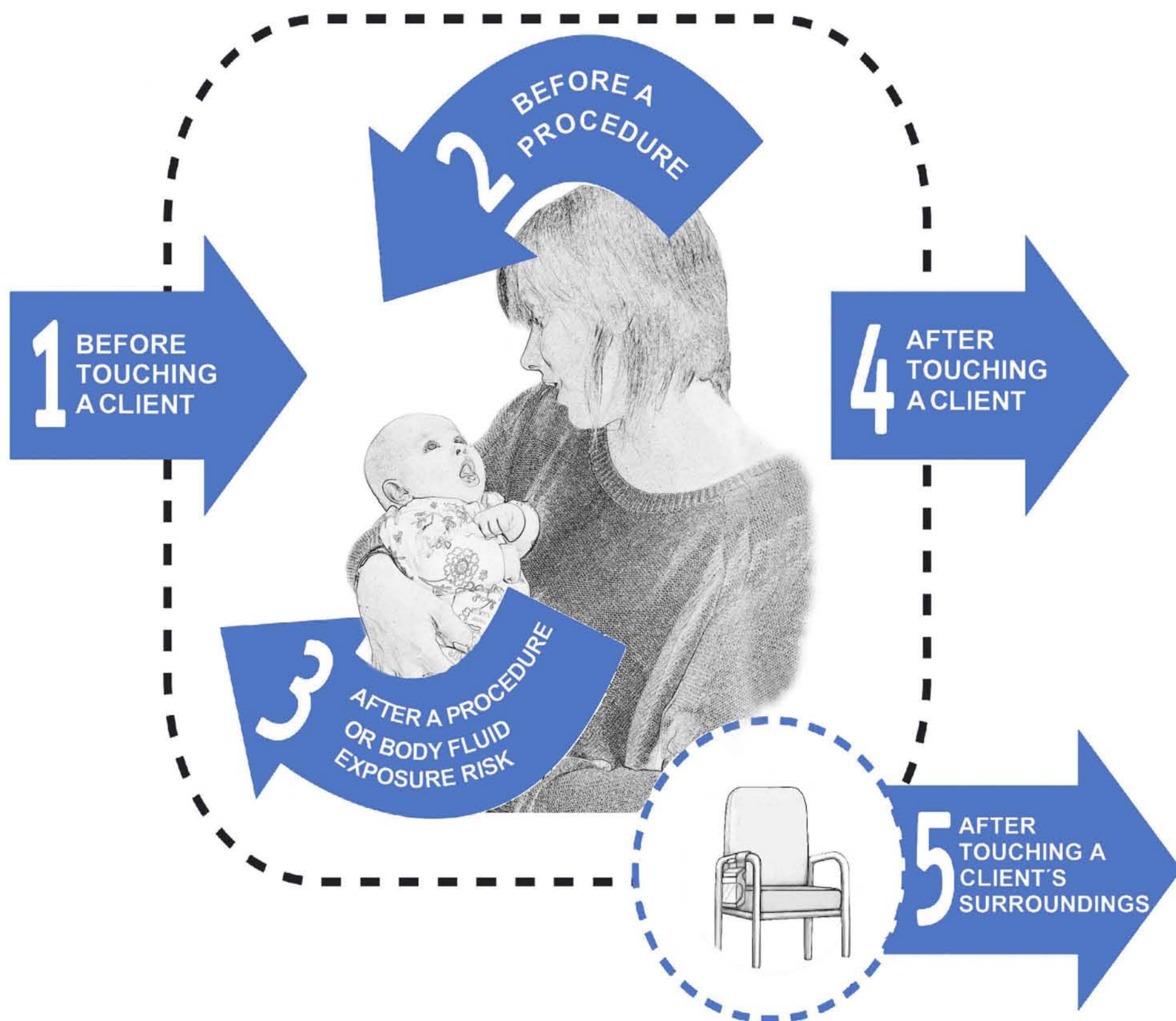


# 5 Moments for HAND HYGIENE



<b>1</b> BEFORE TOUCHING A CLIENT	<b>When:</b> Clean your hands before touching a client and their immediate surroundings. <b>Why:</b> To protect the client against acquiring harmful germs from the hands of the HCW.
<b>2</b> BEFORE A PROCEDURE	<b>When:</b> Clean your hands immediately before a procedure. <b>Why:</b> To protect the client from harmful germs (including their own) from entering their body during a procedure.
<b>3</b> AFTER A PROCEDURE OR BODY FLUID EXPOSURE RISK	<b>When:</b> Clean your hands immediately after a procedure or body fluid exposure risk. <b>Why:</b> To protect the HCW and the healthcare surroundings from harmful client germs.
<b>4</b> AFTER TOUCHING A CLIENT	<b>When:</b> Clean your hands after touching a client and their immediate surroundings. <b>Why:</b> To protect the HCW and the healthcare surroundings from harmful client germs.
<b>5</b> AFTER TOUCHING A CLIENT'S SURROUNDINGS	<b>When:</b> Clean your hands after touching any objects in a client's surroundings when the client has not been touched. <b>Why:</b> To protect the HCW and the healthcare surroundings from harmful client germs.